Welcome to Term 4
I trust that everyone had a restful break and the children’s batteries are recharged for the busy term ahead. A special welcome goes to all the new families.

P&C Meeting – Wednesday 15th October
The next P&C meeting for Term 4 will be held on Wednesday, 15th October from 7.00pm in the staffroom. All are welcome.

Kindergarten Orientation
Goonellabah Public School is conducting a Kindergarten Orientation program for students starting school in 2015. The program starts Wednesday, 29th October 2014 and runs for 4 weeks. If you know any pre-schoolers who will be starting school in 2015 please inform their families of our program and ask them to contact the school on 6624 1444 for details.

Term 4 Sport
Out of school sport starts this Friday. There are still some spots available and extra notes are available from the office. There are some students who also need to pay the one off $20.00 bus fee before they can attend their chosen sport. Students who have brought in notes and bus money will need to bring in their sport money each Friday.
Ten Pin Bowling - $5.00    Skating - $4.50    Futsal - $3.00    Dance – Nil

School Concert – Tuesday, 21st October
We will be having a “School Concert” on Tuesday, 21st October from 6.30pm in the hall. Tickets will be on sale at the school office from tomorrow. $5.00 - Adults    $2.00 – Children
Students who are performing on the evening will be cared for in the holding rooms. The concert should run for approximately one and half hours. Performers will see the other items at the dress rehearsal. Canteen will be open from 5.00-6.15pm selling drinks, ice-blocks and chips.
All class information about the concert will be sent home by the classroom teachers.

Tricks for encouraging kids to read
Is your child a reluctant reader? Why not try helping them find the book that goes with a movie or DVD they’ve enjoyed, or are about to see. Encouraging your child to read can help them to build their imagination as well as giving them a better vocabulary. Kids who read different types of books develop a wide range of language skills and are better placed to understand different types of texts as they progress into high school. School A to Z has lots of tips and ideas on encouraging your child to read, at http://bit.ly/HLPmB9

Private tutoring
Are you thinking about a private tutor to complement your child’s education? School A to Z explores questions about what to look for in a tutor, what you would want your child to achieve and tips on what to ask a potential tutor. http://bit.ly/K5aczo

Principal: Mark Spencer
PO Box 4030 - 595 Ballina Road, Goonellabah  2480
Phone: 02 6624 1444  Fax: 02 6625 1072
Email: goonellaba-p.school@det.nsw.edu.au
Website:www.goonellaba-p.schools.nsw.edu.au
How much water does your child really need?
Staying hydrated is even more important during the warmer months. Every part of your body needs water to work properly and dehydration can lead to painful kidney stones. Many people don't feel thirsty until they are already dehydrated, so packing a drink bottle with your child's school lunch is a good reminder for them to drink during the day. Sports drinks and juices are popular with kids, but they often contain a lot of sugar. To find out the recommended daily intake of water for your child's age at http://bit.ly/ZjwUjo

Leaving your child at home alone
At some point it will be necessary to leave your child home alone for a short period of time. There is no actual law in Australia that states what age a child can be left alone, but parents are legally responsible for their child's safety and wellbeing. You may be nervous the first few times (although most kids are excited about the independence) so making some clear 'home alone' rules with your child gives them an understanding of their boundaries and how to stay safe. Read more here: http://bit.ly/1u5vTa9

Team sports – more than health benefits
As well as helping kids stay fit and healthy, team sports help them learn that things don’t go their way all the time and that they need to respect their peers. Sports also help children and teens with resilience, how to respond to setbacks and loads more benefits discussed here: http://bit.ly/HlgxVO

Mark Spencer,
Principal

---

**High Bounce Handballs**
These popular high bounce handballs are lightweight and perfect for fun in the playground while supporting Stewart House at the same time. These handballs are available from the canteen for all children to purchase.

Cost: $1.50

---

**Dates to Remember – Term 3**

<table>
<thead>
<tr>
<th>Week</th>
<th>Dates</th>
<th>Events</th>
</tr>
</thead>
<tbody>
<tr>
<td>Week 1</td>
<td>7th – 10th October</td>
<td>Out of School Sport – Wk 1</td>
</tr>
<tr>
<td>Friday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 2</td>
<td>13th – 17th October</td>
<td>P&amp;C Meeting – 7pm</td>
</tr>
<tr>
<td>Wednesday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 3</td>
<td>20th – 24th October</td>
<td>School Concert</td>
</tr>
<tr>
<td>Tuesday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Week 4</td>
<td>27th – 31st October</td>
<td>Kinder Orientation starts – Wk 1</td>
</tr>
<tr>
<td>Wednesday</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

**Rewarding regular savings with precious prizes.**
The Dollarmites have uncovered the ancient Clam of Fortune. Inside they found these amazing prizes that you could win a share of:

- 40 x GoPro HERO3 White Edition Cameras
- 150 x Slip 'N Slide Double Wave Riders

**Here's how to win**
Every deposit you make with School Banking will automatically create one entry for you into the competition. The more you save, the more chances you have to win (up to a maximum of 6 entries).

Competition runs 10 October – 31 November 2014.

To find out more, visit commbank.com.au/deepseasavers